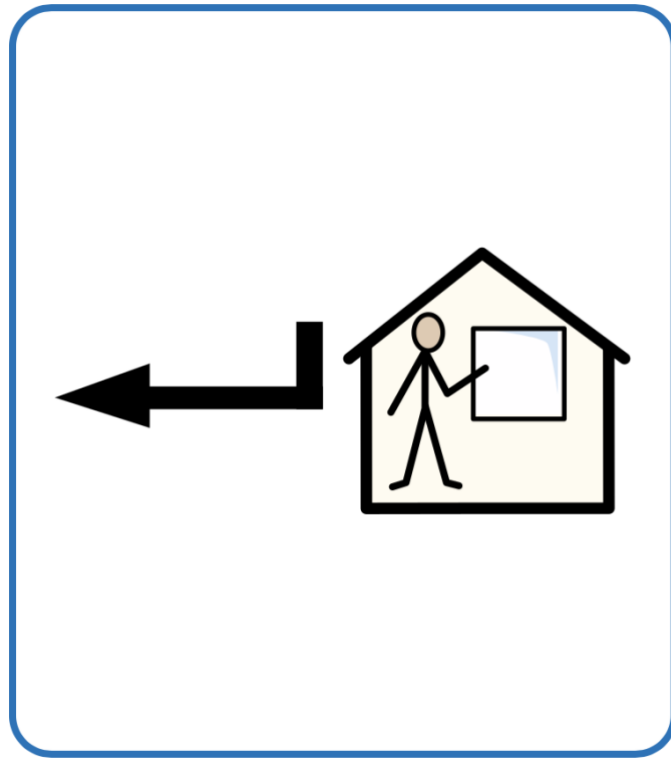


Back to School Resource Pack



Created by the staff and parents of
Bessyboot Class

2020

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Back to School Resource Pack

Section 1: Countdowns.

In this section you will find different count down sheets to help your child understand when they will be going back to school.

Monthly Calendars.

The idea here is that you can print out the month, and the “home” and “school” sheets. You can find the cut out symbols in the appendix section of this chapter. You can then put either a home or a school symbol on the date boxes, relating to when your child is going to school.

Sleep count downs

These are for children who are not quite ready for the monthly count downs. Again, print out the sleep boxes, and the sleep symbols. Put a “sleep” symbol in each box, 14, 7 or 3, depending on what you think your child can cope with. Take one off each morning, to count down to the school day.

You know your child better than anyone, and know whether or not they would be able to cope with a month, 2 weeks, week or 3 day count down. But, if you are unsure, your class teacher will help you.

Section 2: Photo Stories.

This section is meant as a “mix and match” photo story. Cut out the symbols you think are most relevant to your child. They can then be put on a key ring, or made into a schedule, or, a book, which you can read with your child in the weeks/days/night before/morning before school. Again, you know your child more than anyone, and know what they can cope with. However, your class teacher will help you with this if you are unsure.

Section 3: Morning Routine.

We all have felt a little out of routine over the last few months. Everything has been so different, so again, we have produced some photo cards which will help you to build a routine for the morning of school. This is another “mix and match” section which can be adapted for your own child. These can be put on a schedule, key ring, or made into a book. It’s up to you. Chat to your class teacher if you are unsure.

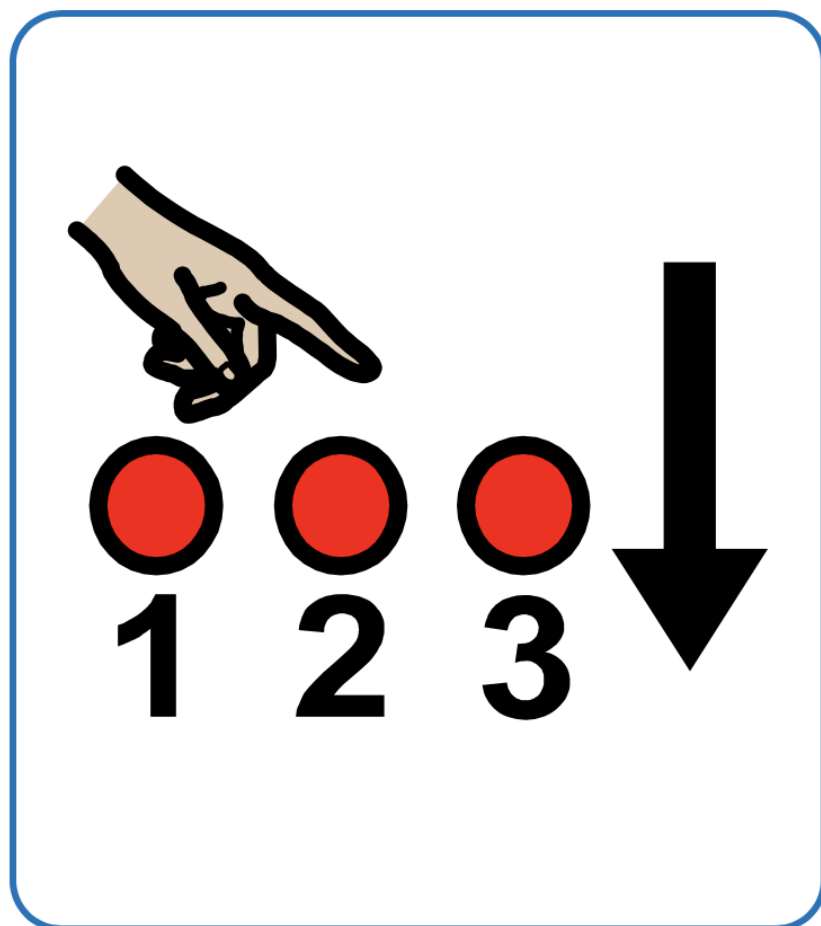
Section 4: At School.

When your child does come back, things may be a little different. However, we have aimed to keep as much the same as we possibly can. These symbols should be placed in order, to help your child feel a little safer when they return.

Practical things you might do to prepare your child to return to school.

- Leave the school jumper out the night before? Even if we are not in full uniform, it might be a good idea to use a school related piece of clothing in order to signify return?
- Use a photo story to help your child understand. Have a look in the pack for the phot story cards.
- Pack the school bag the night before?
- Have used a countdown for either a month/week/day before.
- Have the morning schedule ready, go through it with your child the night before if they can understand, or on the morning on waking.
- Show a schedule of what will happen at school, again, the “At school” section in the resource pack will help with this. Your teacher might also give you some symbols to help.
- Have something planned for after school and show this in the “After school” schedule/photo story.

Section One




















Countdowns

This section contains a range of countdowns for going back to school; symbolised calendars, shorter 'sleep' countdowns and symbols to cut out in appendices. An alternative countdown can also be found in the social story section

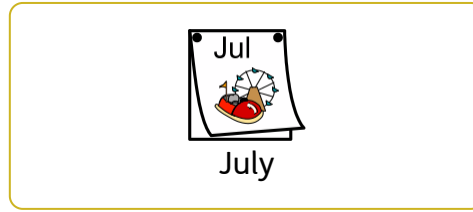
2020


















June

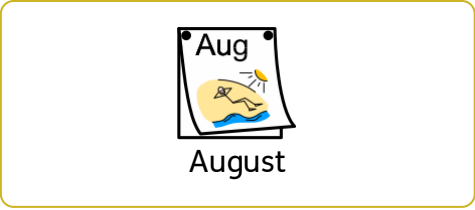
 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	 Saturday	 Sunday
1	2	3	4	5	 home	 home
8	9	10	11	12	 home	 home
15	16	17	18	19	 home	 home
22	23	24	25	26	 home	 home
29	30				 home	 home




















2020

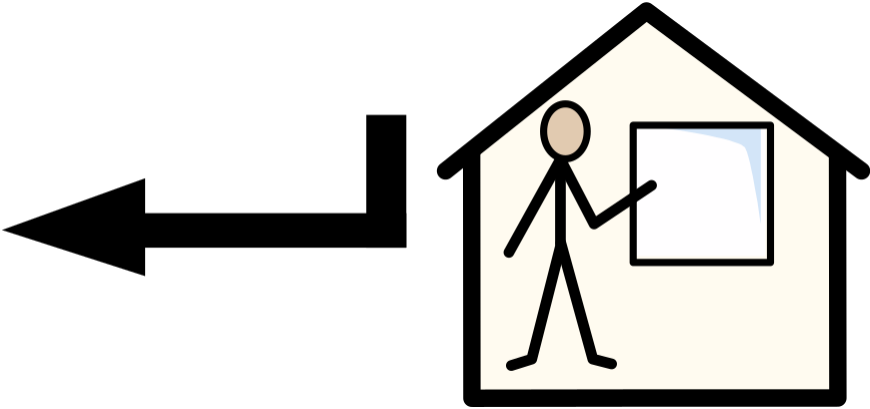


 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	 Saturday	 Sunday
		1	2	3	4  home	5  home
6	7	8	9	10	11  home	12  home
13	14	15	16	17	18  home	19  home
20	21	22	23	24	25  home	26  home
27	28	29	30	31	 home	 home

2020



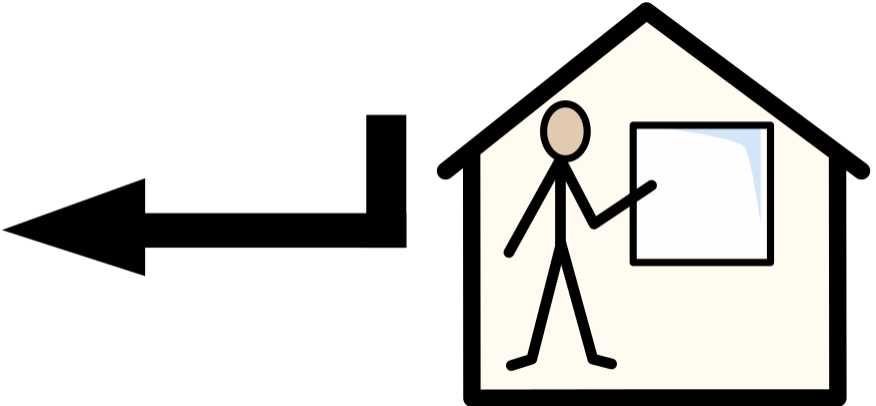
 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	 Saturday	 Sunday
					1  home	2  home
3	4	5	6	7	8  home	9  home
10	11	12	13	14	15  home	16  home
17	18	19	20	21	22  home	23  home
24	25	26	27	28	29  home	30  home
31					 home	 home



back to school in...

cut out the below symbols and use on the fourteen sleeps schedule on the previous page

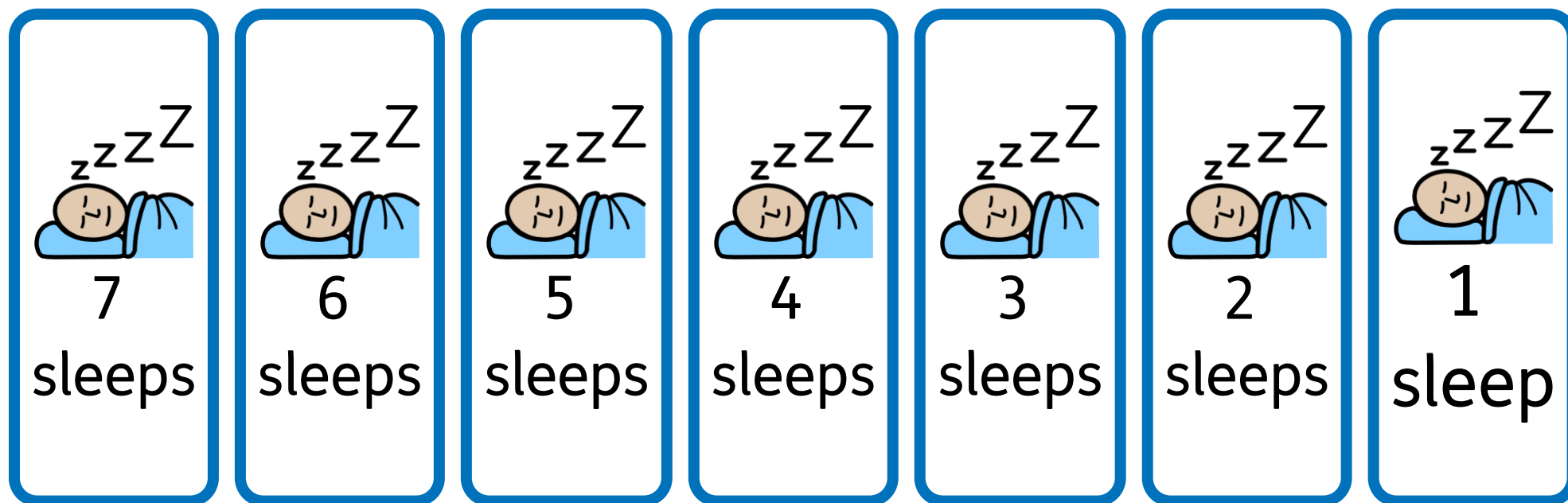


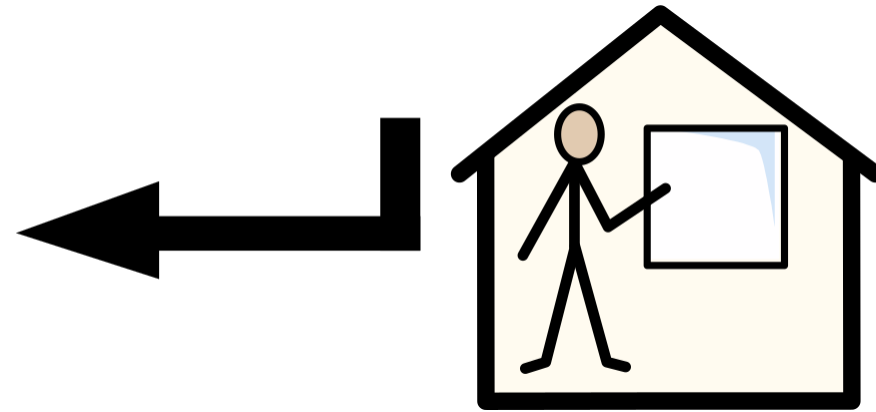


back to school in..

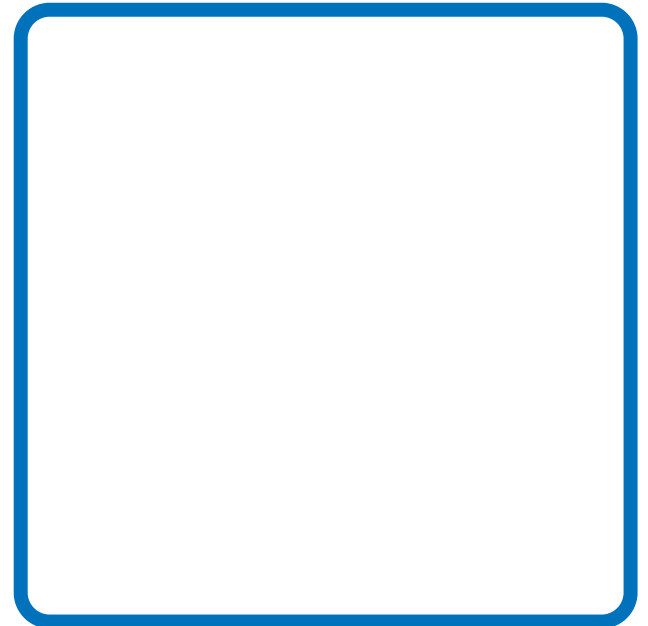
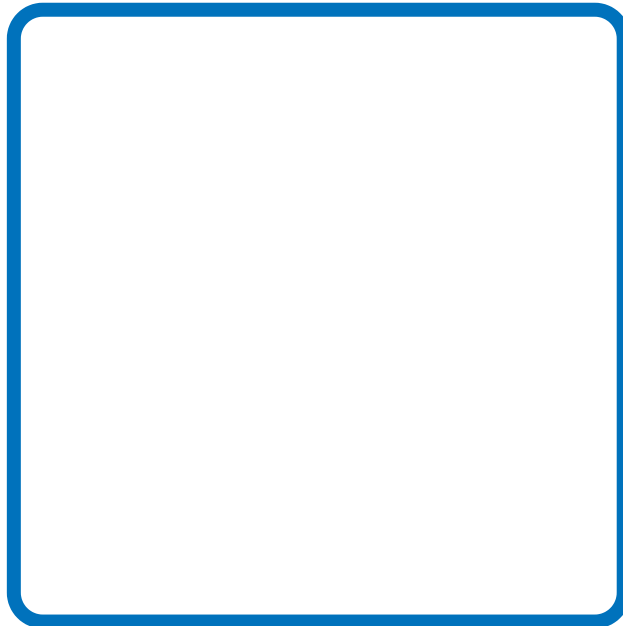
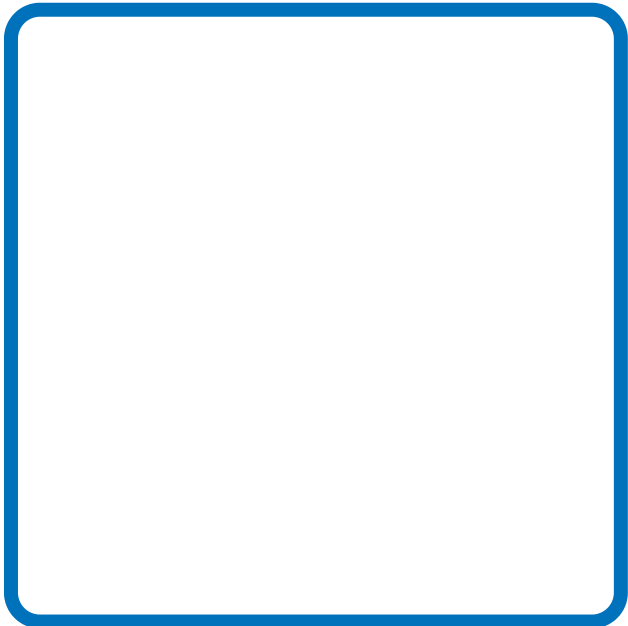
Seven empty rounded rectangular boxes for writing.

cut out the below symbols and use on the
seven sleeps schedule on the previous page





back to school in...



cut out the below symbols and use on the
three sleeps schedule on the previous page



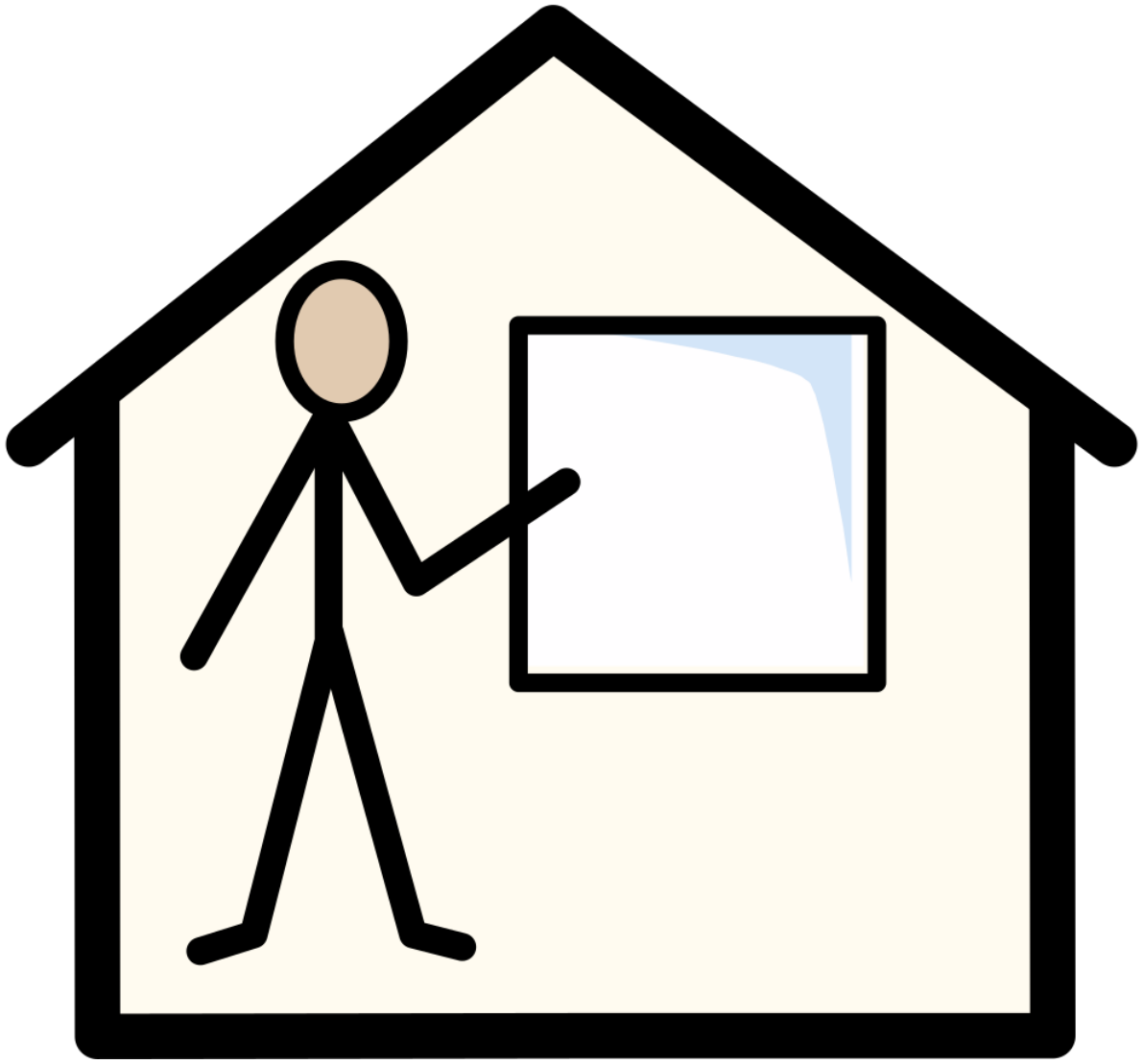
3 sleeps



2 sleeps

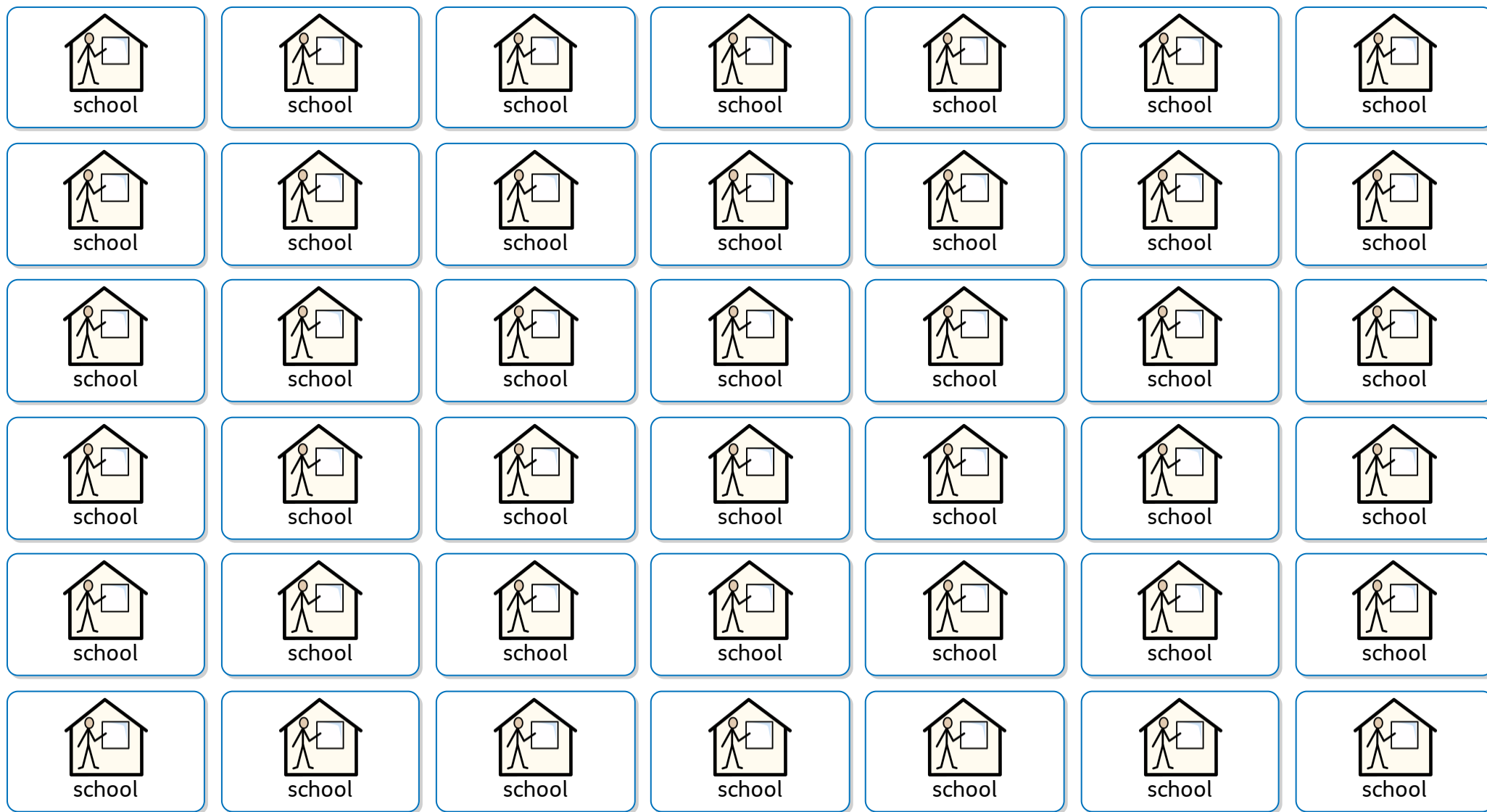


1 sleep



school

Appendix One - School



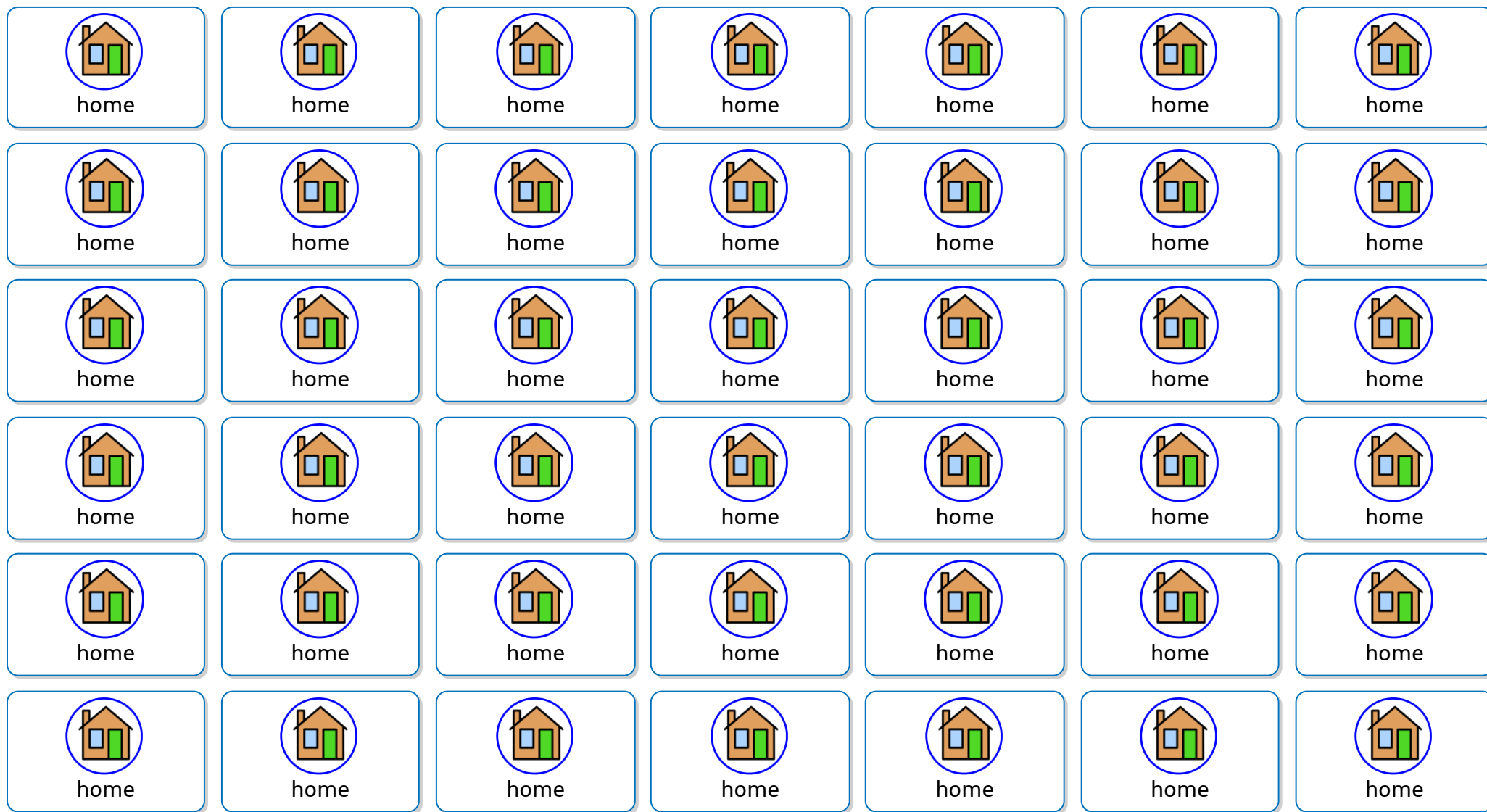
(to cut out and use accordingly)

Appendix Two - Sleep



(to cut out and use accordingly)

Appendix Three - Home



(to cut out and use accordingly)

Section Two

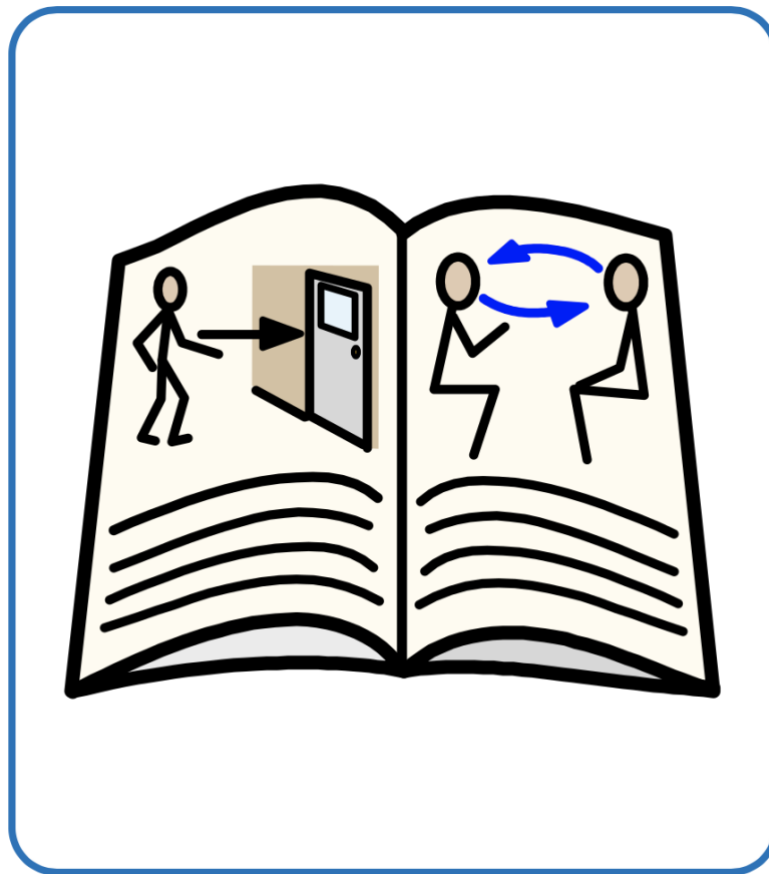
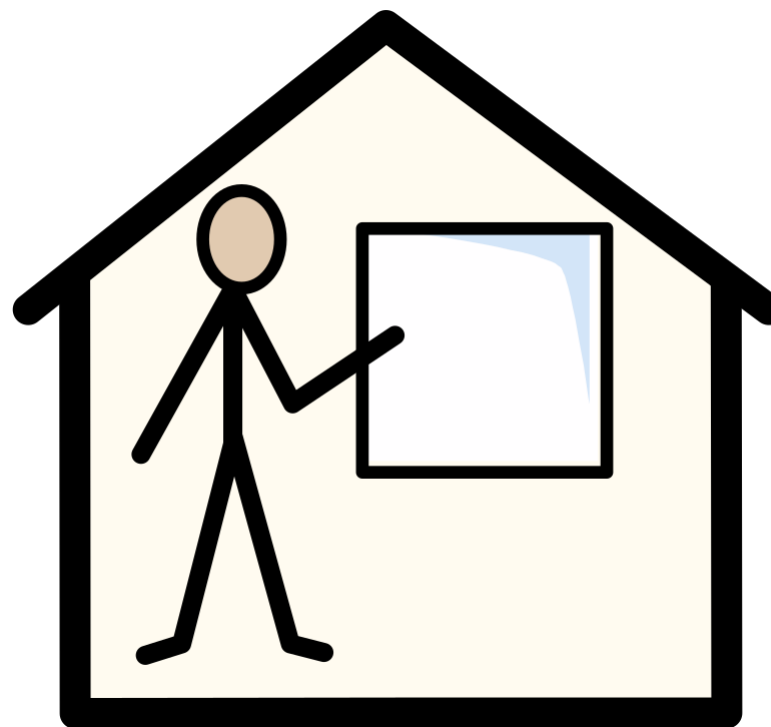


Photo Stories

This section contains snippets of a build-your-own photo story. Appropriate boxes can be cut out and used on a keyring or as a booklet to help explain the return to school



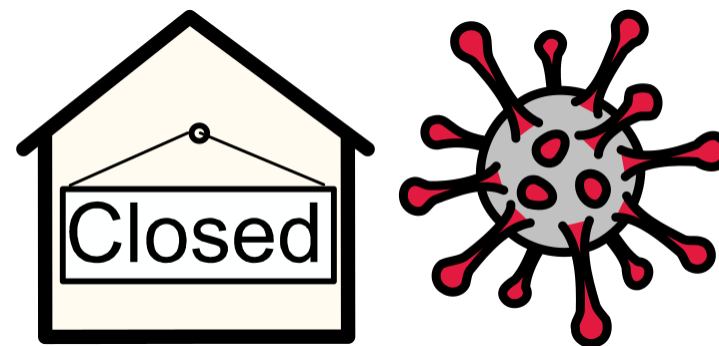
no school



school



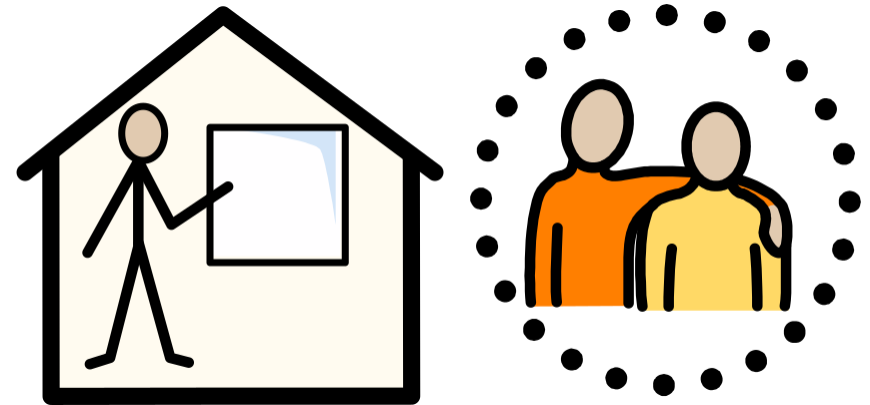
school was
closed



school was
closed because
of coronavirus



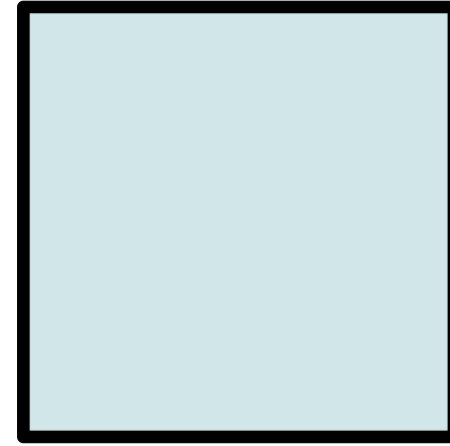
school is
open soon



school is
safe



I am going
back to
school



days until
I go back



I will put on
my uniform



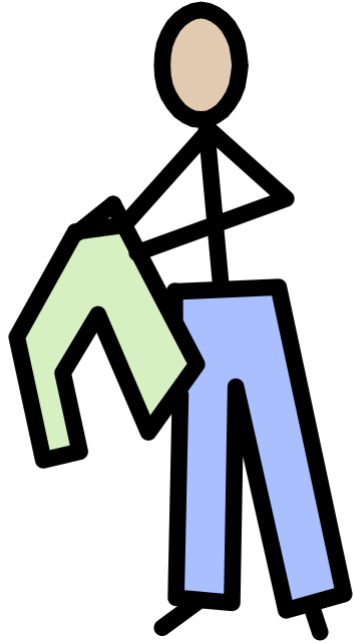
I will put on
my uniform



uniform on



uniform on



I will wear my
own clothes



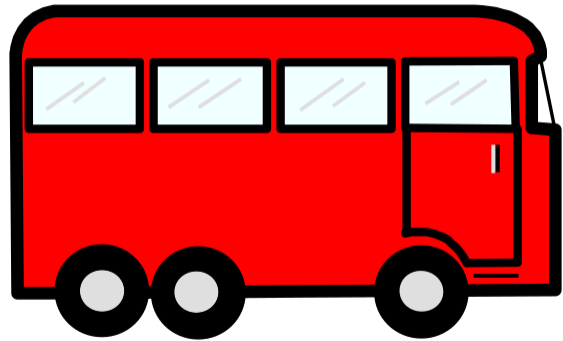
I will wear my
school jumper



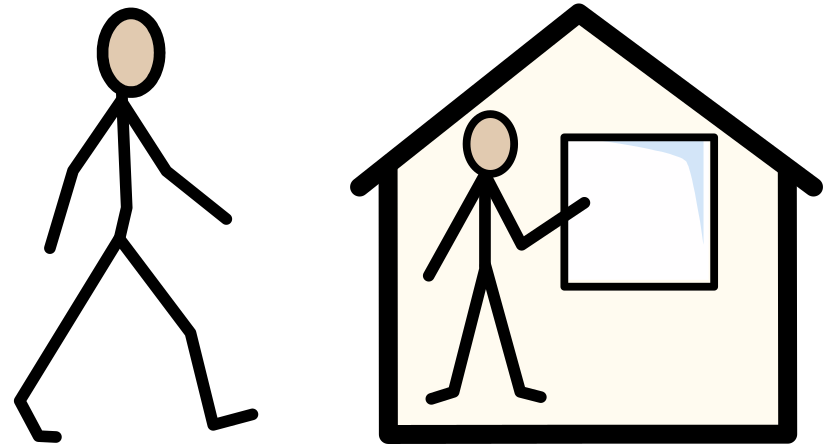
I will go
on the taxi



I will go
in the car



I will go
on the bus



I will walk
to school

Appendix Four - Countdown

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

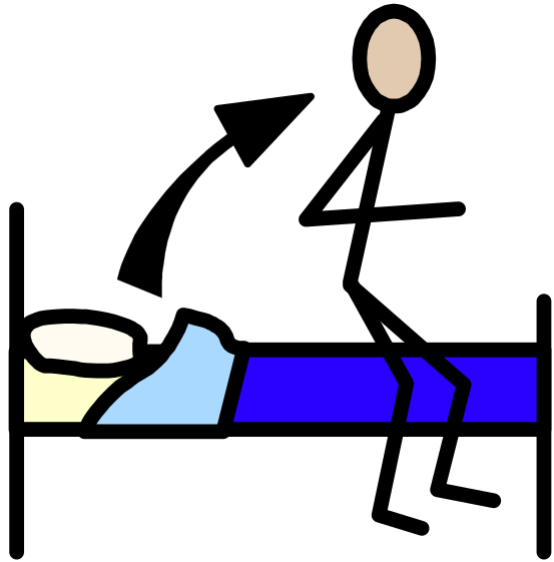
20

Section Three

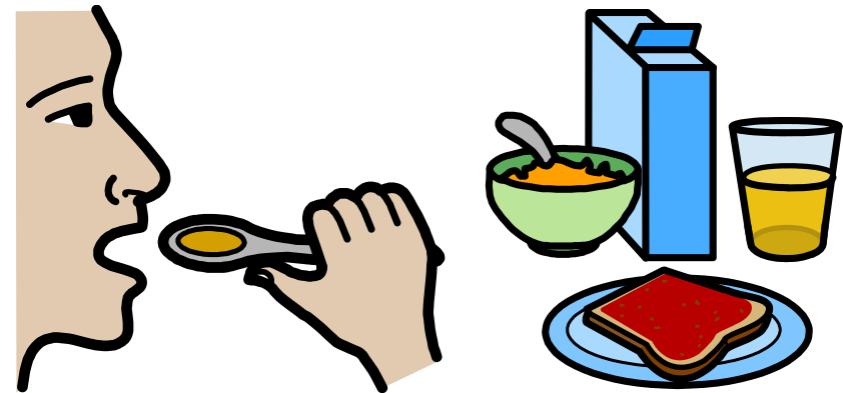


Morning Routine

This section contains visual resources to support the reintroduction of a morning routine before school. As before, appropriate boxes can be put together to create a booklet or keyring.



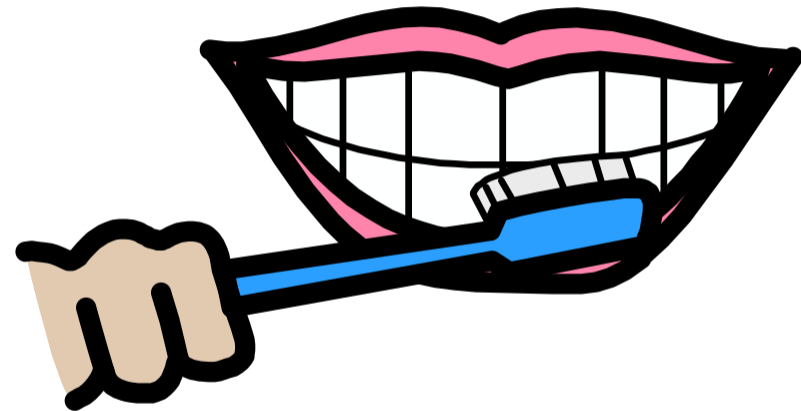
get out of
bed



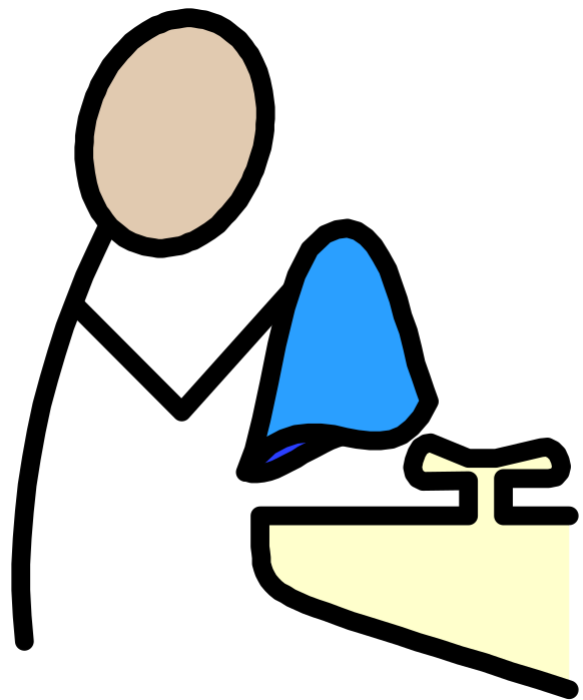
eat
breakfast



drink



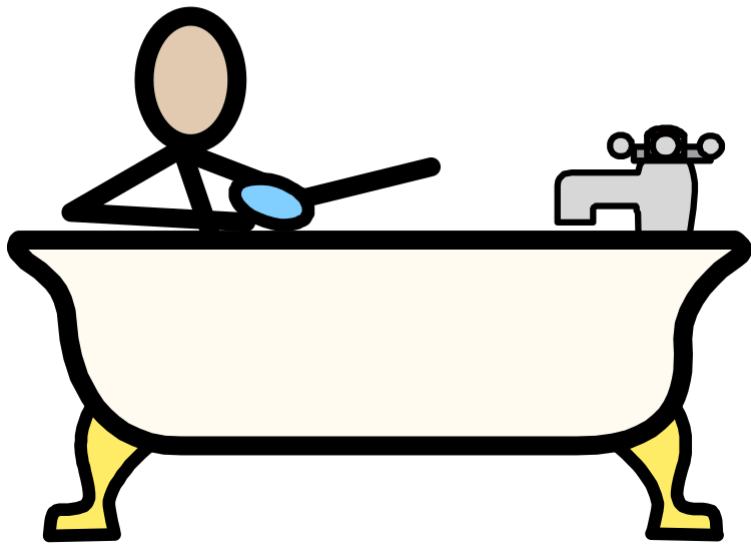
brush teeth



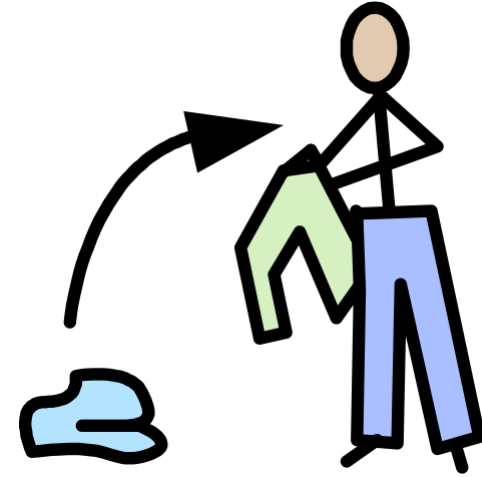
wash



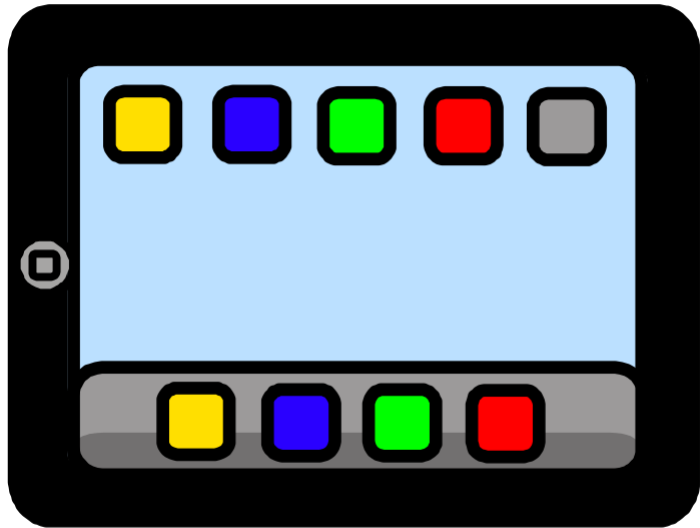
shower



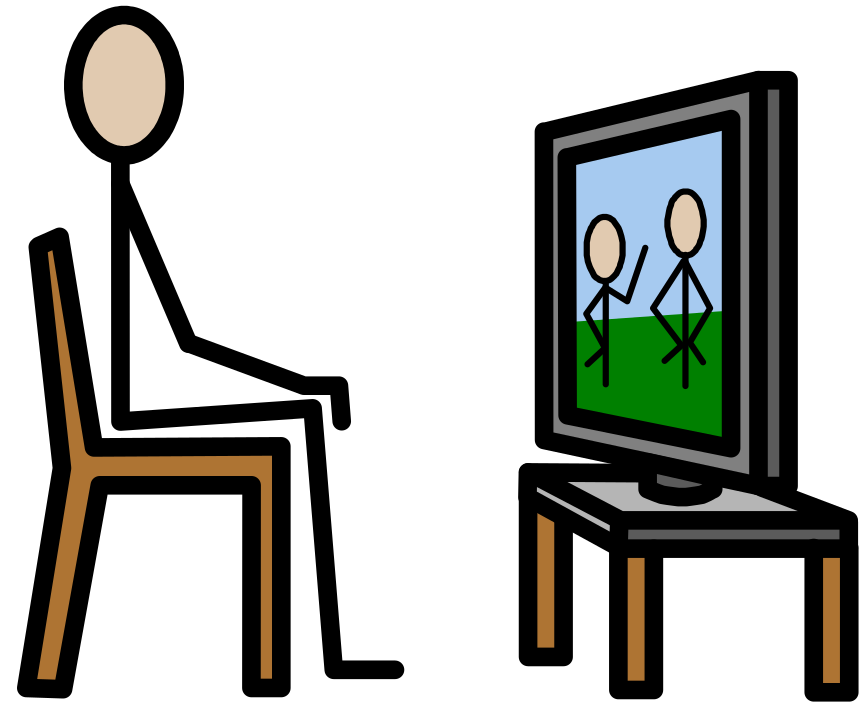
bath



get
dressed



iPad



watch TV



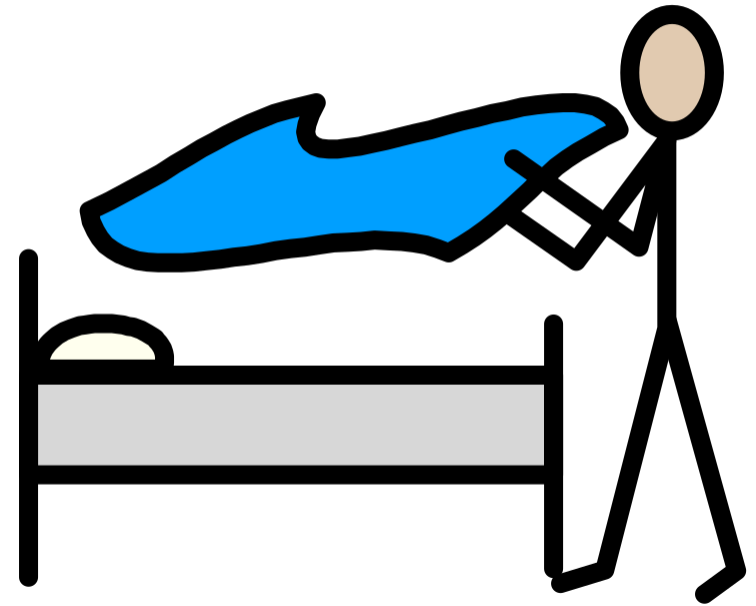
take
medicine



pack lunch

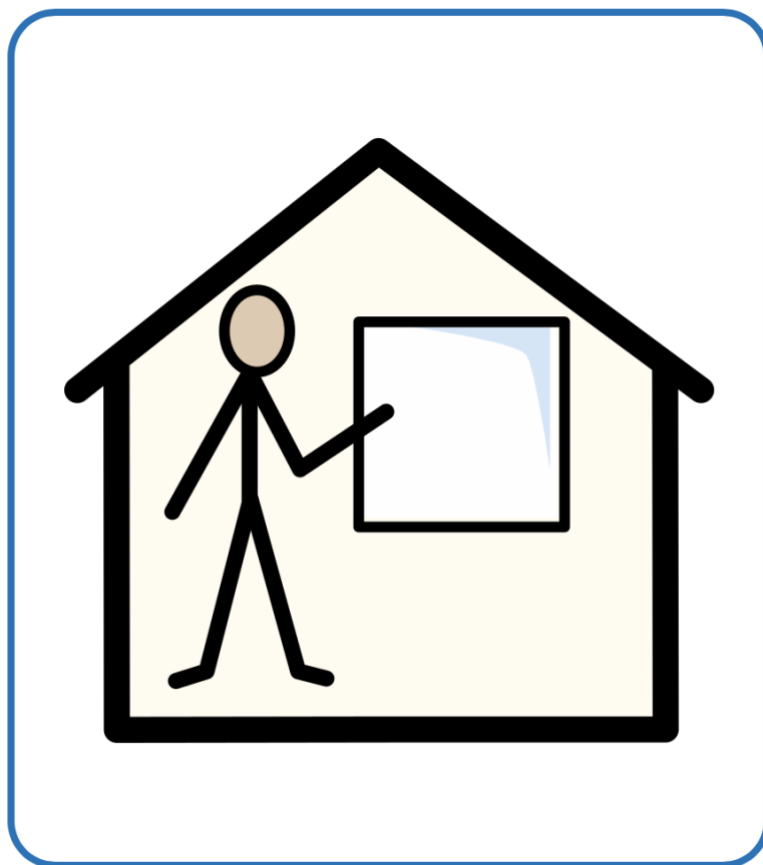


get bag



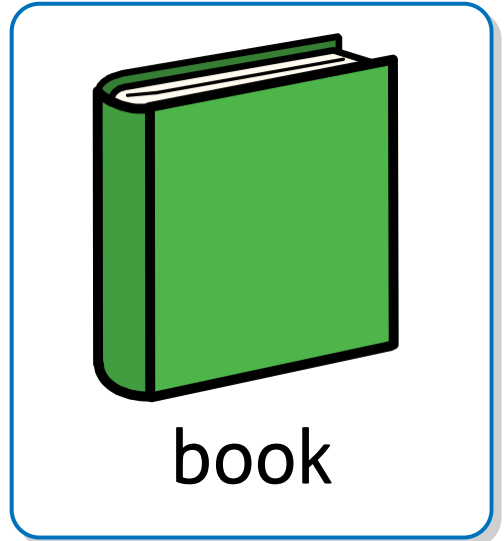
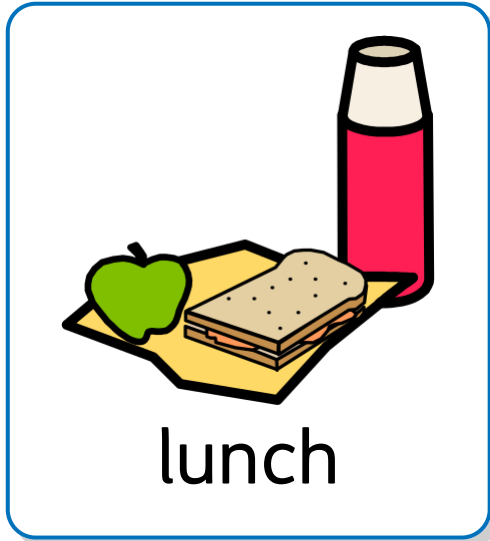
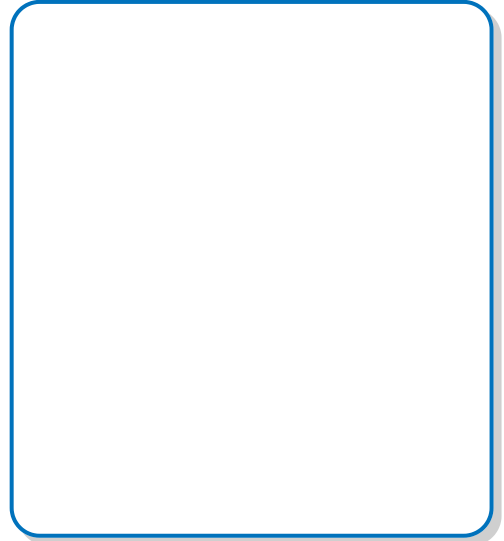
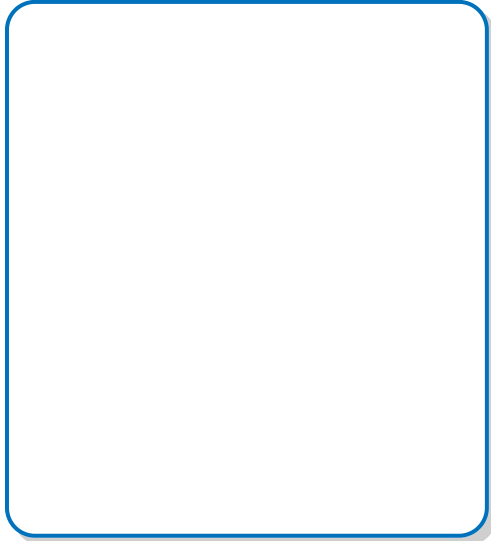
make bed

Section Four

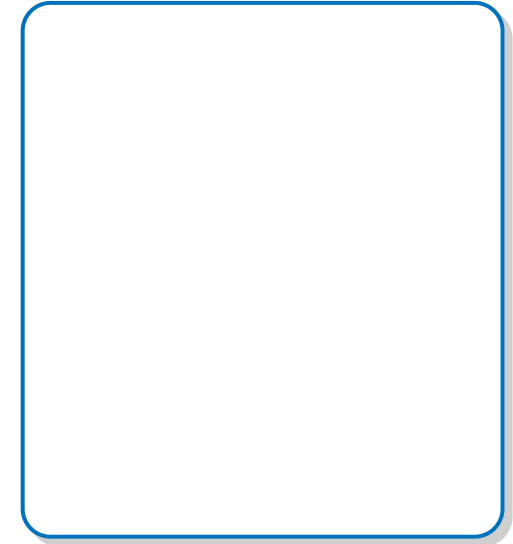
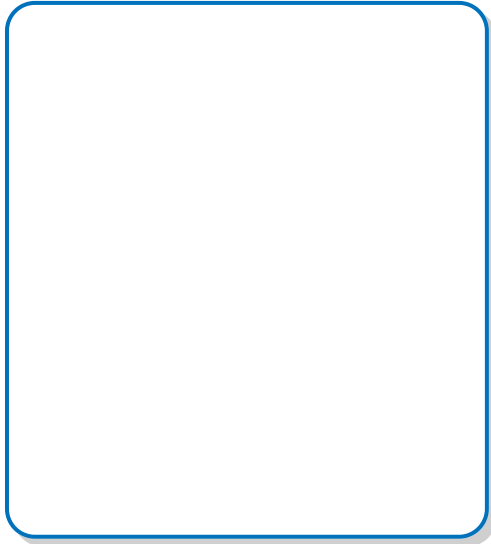


Back at School

This section aims to visually prepare for how school may be different upon returning, what each child should expect to do, who they will see and where they will be in school



Folding Schedule



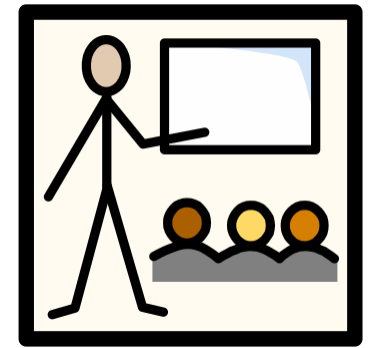
school



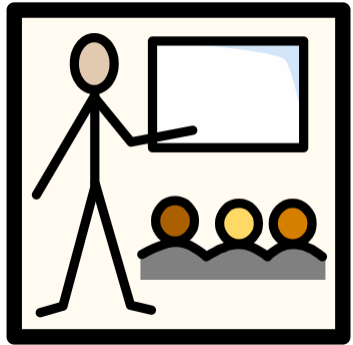
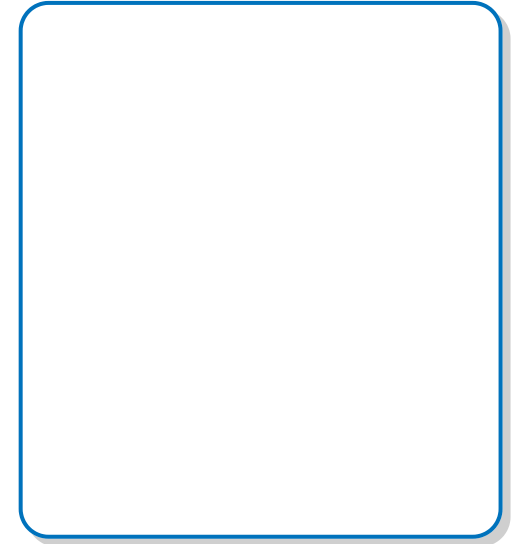
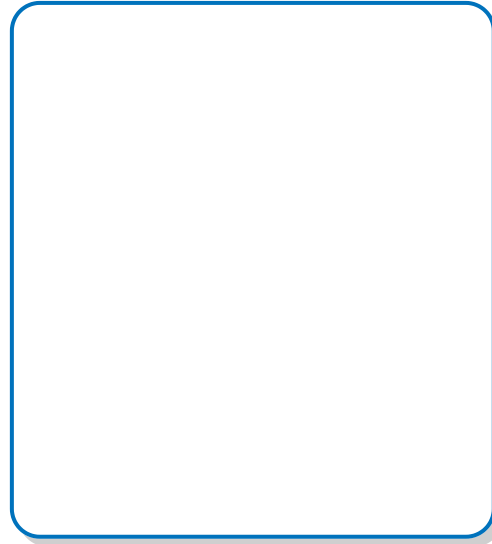
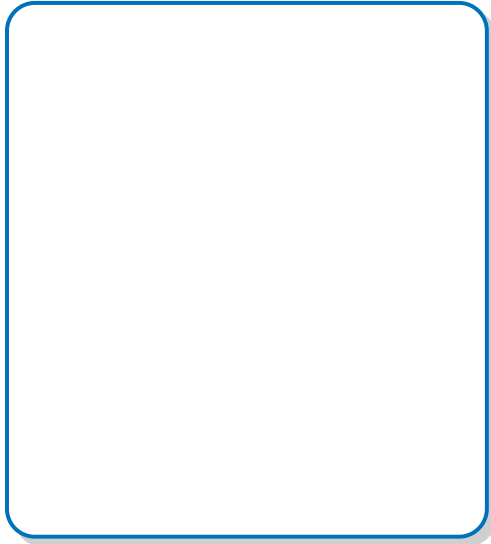
bag on peg



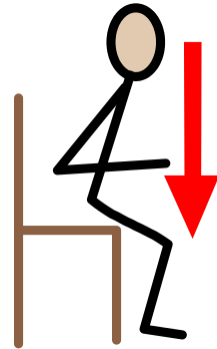
wash hands



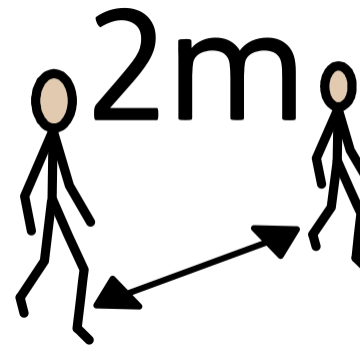
classroom



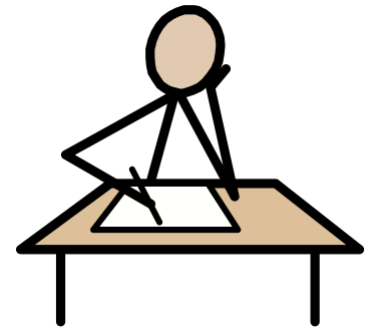
classroom



sit down



stay apart



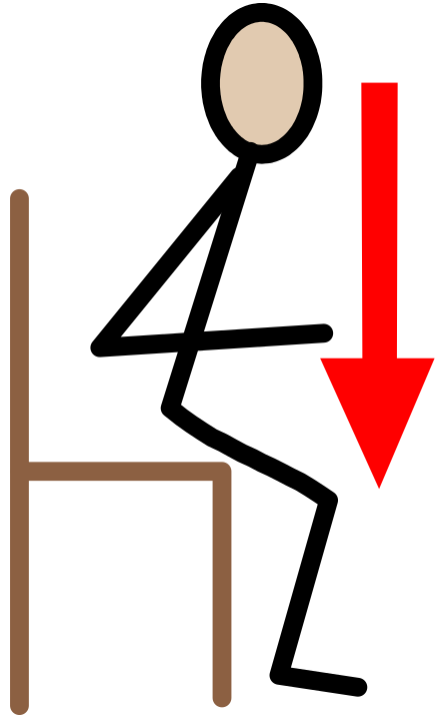
work



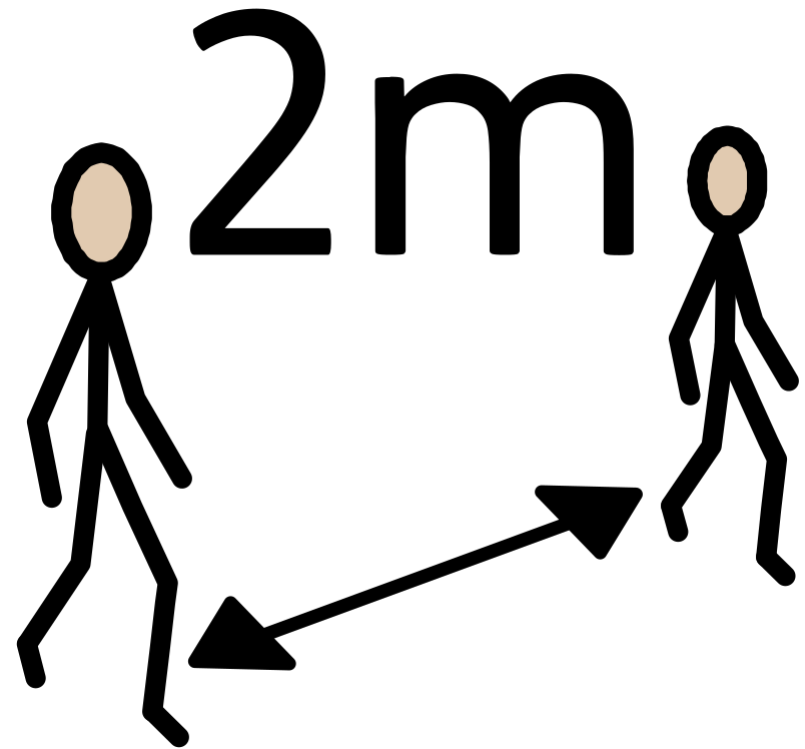
no touching



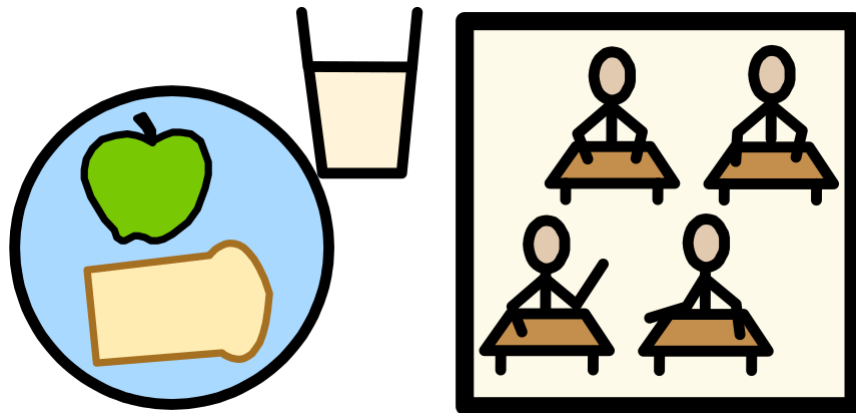
stop



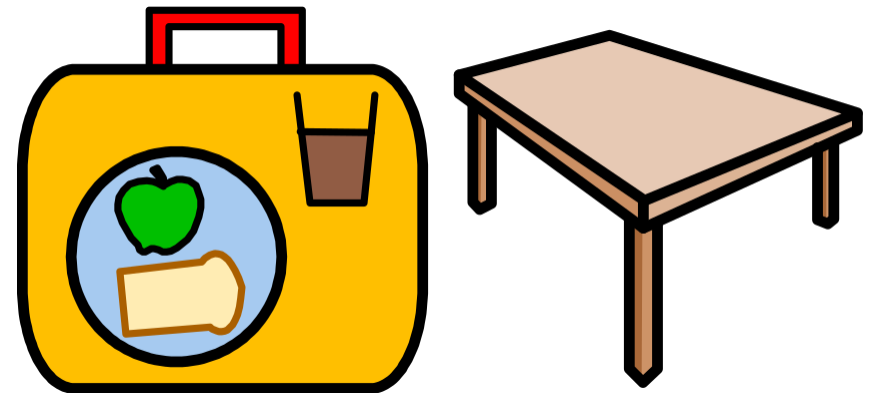
sit down



stay apart



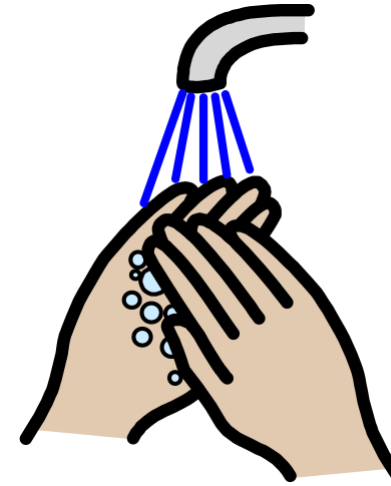
lunch in
classroom



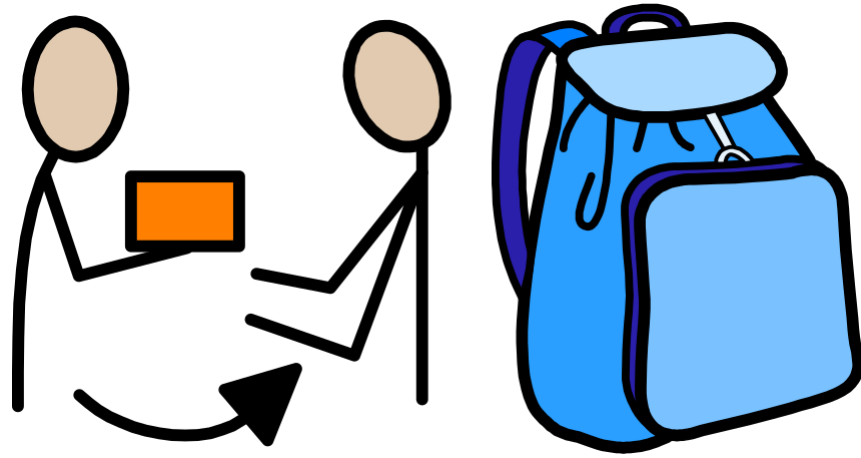
lunchbox
on table



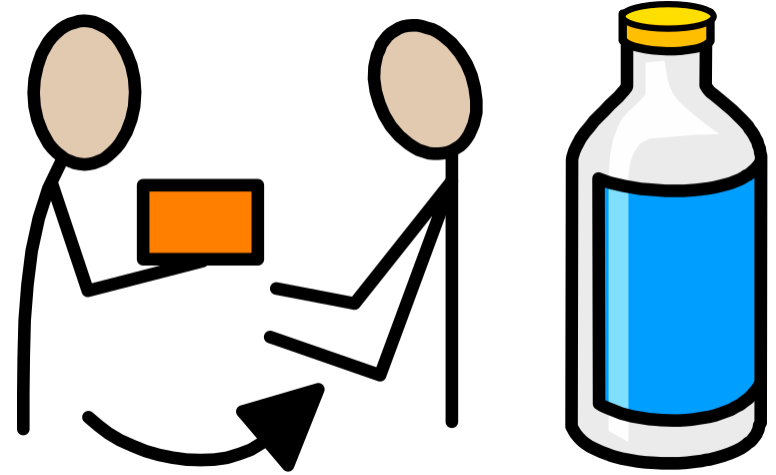
lunchbox in
class bag



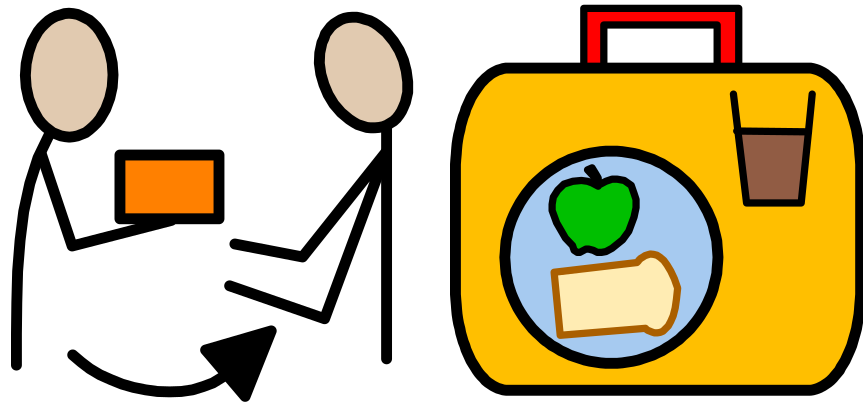
wash
hands



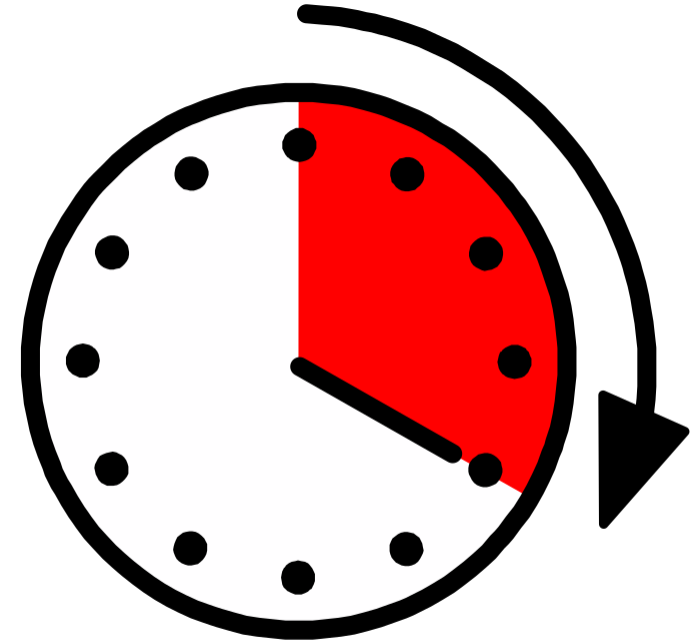
give staff
my bag



give staff
drink



give staff
lunchbox



wait

schedule symbols

